

Senior Meals and Services	Noon Meal Calendar Devils Lake 662-5061 New Rockford 947-5378				Month of December 2022
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
28 Chicken on a stick Tater Tots Coleslaw Fruit Sauce	29 Mini Hot Dog Hash Browns Baked Beans Peach Sauce	30 Chicken Parmesan Scalloped Potatoes Corn O'Brien Tropical Fruit Sauce	1 Spaghetti & Meat Sauce Peas / Garlic Toast Pear Sauce	2 Pizza Burger / Bun Corn Macaroni Salad Apple Sauce	
5 Baked Fish Company Potatoes Green Beans Mandarin Orange Sauce	6 Knoephla Soup Meat Sandwich Angel Food Cake/berries	7 Roast Pork Squash Peas Mandarin Orange Sauce	8 Cranberry Glazed Chicken Veggie Rice LS Veggie Fruit Crisp w/top	9 BBQ on a Bun Tater Tots LS Veggie Blueberry Yogurt	
12 Fruit Sauce Salisbury Steak w//mushroom gravy Potato Jullienne Green Beans	13 California Burger / Bun toppings Potato Salad Blueberry Yogurt	14 Roast Beef Mashed Potatoes/Gravy Green Beans Cranberry Sauce (2T)	15 Baked Chicken Mashed Potatoes/Gravy LS Veggie Apple Sauce	16 LS Baked Ham Squash Lima Beans Fruit Sauce	
19 Boneless BBQ Ribs Small Baked Potato LS Veggie Fruit Sauce	20 Chicken Quesadilla LS Veggie Juice Fruit Sauce	21 Taco Bake Hotdish LS Veggie Peach Sauce	22 Tater Tot Hotdish LS Veggie Mandarin Orange Sauce	23 No Senior Meals or DL Transit Christmas Holiday	
26 No Senior Meals or DL Transit Christmas Holiday	27 Lemon Pepper Fish Sweet Potatoes Lima Beans Apple Sauce	28 Meatballs Mashed Potatoes/Gravy Peas Fruit Sauce	29 Veggie Barley Soup Meat Sandwich Fruit Sauce	30 Hamburger on a bun French Fries Carrots Fruit or Sauce	
Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meals Program, or a semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.		Food requiring refrigeration is not allowed to leave the meal site.	AGE 60 AND OVER: SUGGESTED CONTRIBUTION FOR CONGREGATE AND HOME DELIVERED MEALS IS \$4.00, CONTRIBUTE AS YOU ARE ABLE. Those under 60 or who do not complete a registration form must pay \$12.40.		