

| Senior Meals and Services | Noon Meal Calendar Devils Lake 662-5061 New Rockford/Sheyenne 947-5378 | | | | Month of September 2025 |
|---|---|--|--|---|-------------------------------|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
| Labor Day Holiday Senior Meals & DL Transit Closed | GF Sept-1 2-Bread Baked Chicken Mashed Potatoes/Gravy LS Veggie (Mixed Blend) Mandarin Orange Sauce | GF Sept-1 1- Bread Hungarian Goulash Yams Coleslaw Apple | DS Sept 4 2-Bread Beef Broccoli Stir Fry Brown Rice Egg Roll Fruit or Sauce | GF Sept-1 2-Bread Chicken Kiev Baked Potato Green Beans Fruit Crisp/topping | 1 2 3 4 5 |
| GF Sept-2 1-Bread Meatballs in Gravy Roasted Potatoes Dilled Carrots Pear Sauce | GF Sept-2 Bun Cheeseburger / Bun Toppings Vegetable Soup 8oz 2 pk Crackers / Orange | GF Sept-2 2-Bread Roast Pork Mashed Potatoes/Gravy LS Veggie (Mixed) Pumpkin Pie/Topping | GF Sept-2 1-Bread Lasagna House Salad/Dressing Herbed Green Beans Canteloupe | GF Sept-2 2-Bread BBQ Ribs Sweet Potatoes LS Veggie (Mixed) Fruit or Sauce | 8 9 10 11 12 |
| GF Sept-4 2-Bread Cabbage Roll Bioled Potatoes Green Bean Almondine Fruit or Sauce | GF Sept-4 1-Bread Italian Pasta Bake LS Veggie House Salad / Dressing Mandarin Orange | DS Sept-2 Cornbread Pulled BBQ Chicken Ranch Beans Corn Cobbette Fresh Fruit or Sauce | GF Sept-3 2-Bread Swedish Meatballs Mashed Potatoes/Gravy LS Veggie Sauce or Fruit | DS S/S 2 24 Tuna Melt Sandwich Rosemary Potatoes LS Veggie Fruit or Sauce | 15 16 17 18 19 |
| GF Sept-3 0-Bread Enchiladas Southwest Corn Seasoned Black Beans Fresh Fruit | DS-Sept3 Breadstick Italian Meatballs/Tomato Sauce / Pasta LS Veggie Fruit Sauce | GF Sept-5 2-Bread Swiss Steak Mashed Potatoes/Gravy Green Beans Peach Sauce | GF Sept-3 2-Bread Cheese Ravioli w/Sauce Broccoli Normandy Fruit Sauce | GF Sept-2 2-Bread Chili (8oz) Sm Baked Potato Glazed Carrots Fruit Crisp w/topping | 22 23 24 25 26 |
| GF Sept-1-23 BBQ Pulled Pork / Bun Sweet Potato LS Veggie Fruit or Sauce | DS S/S4 24 2-Brd Chicken Drummies Mashed Potatoes/Gravy LS Veggie Fruit or Sauce | DS S/S2-24 2-Brd Tangy Meatloaf Potato LS Veggie (Blend) Fruit or Sauce | DS Sept 3 1-Bread Stuffed Pork Chop Wild Rice Pilaf LS Veggie Fruit Sauce | DS Sept 5 0 Bread BBQ Chicken Flatbread House Salad / Dressing LS Veggie Cheesecake / Fruit | 29 30 |
| Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meal Program, or semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update. | | Menu subject to change upon availability Lunch served from 11:45 - 12 Monday - Friday | | AGE 60 AND OVER: SUGGESTED CONTRIBUTION FOR CONGREGATE AND HOME DELIVERED MEALS IS \$5.00, CONTRIBUTE AS YOU ARE ABLE. Those under 60 or who do not complete a registration form must pay \$14.79. www.seniormealsandservices.com | |