Senior Meals and Services	Noon Meal Calendar **For Devils Lake, New Rockford & Sheynne** Call the Day Before - 662-5061	Month of November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Hamburger Hotdish Mixed Vegetables Mandrian Oranges 1 WW Bread	**3** Vegetable Soup Ham Sandwich Tropical Fruit Pkg Saltine Cracker	**4** TatorTot Hotdish Corn Applesauce 2 WW Bread	**5** Swiss Steak Mash Potatoes Stew Tomatoes Pears 2 WW Bread	**6** Chicken Breast/Gravy Rosemary Potatoes Peas/Carrots Peaches 2 WW Bread
9 Salisbury Steak Mash Potatoes/Gravy Corn/Peach Sauce 2 WW Bread	**10** Chicken Enchilada Fried Rice Mixed Vegetable Pineapple Tidbits	**11** Veterans Day No Meal	**12** Baked Fish/Tarter Sauce Tater Tots/Peas Mixed Fruit 2 WW Bread	**13** Chili Baked Potato Carrot/Apple Slices 2 Pkg Saltine Crackers
16 Chicken Cord Blue Rosemary Potatoes Carrots 2 Cutie Oranges 2 WW Bread	**17** Roast Turkey/Gravy Mash Potato/Stuffing Green Beans/Cranberries WW Dinner Roll Pumpkin Pie/Topping	**18** Knoephla Soup Roast Beef Sandwich Mandrian Oranges 2 WW Bread	**19** Brat/Rope Sausage Sauerkraut/Beets Mash Potatoes Mixed Fruit 2 WW Bread	**20** Country Fried Steak Country Gravy Mash Potatoes Corn/Peaches 2 WW Bread
23 Stuffed Pepper Mash Potatoes Beets Fruit Cocktail 2 WW Bread	**24** Spaghetti w/ Meat Sauce Peas Peaches WW Breadstick	**25** Roast Beef/Gravy Mash Potatoes Green Beans Pineapple Tidbits 2 WW Bread	**26** Thanksgiving Holiday No Meal	**27** Thanksgiving Holiday No Meal
30 Chicken Noodle Hotdish Peas Carrots Applesauce 1 WW Bread	Menus subject to change upon availability			

Older Americans Act federal regulations require individuals 60 and older to complete a meal assessment to participate in the Nutrition program. Meal participants are required to update their assessment annually. Individuals are notified that their assessment is due for updating.

seniormealsandservices.com

ALL MEALS SUBJECT TO CHANGE DUE TO AVAILABILITY

FOR AGE 60 AND OVER - SUGGESTED CONTRIBUTION FOR CONGREGATE AND HOME DELIVERED MEALS IS $5.00, CONTRIBUTE AS YOU ARE ABLE. Those under 60 or those who do not complete a registration form must pay the full price of $15.63