

Senior Meals and Services	Noon Meal Calendar For Espresso Café - Cando <b>Call 968-3809 The Day Prior for Reservation</b>				Month of May 2026
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		<b>Menus subject to change upon availability</b>		Garlic Bread 1 Lasagna Italian Green Beans House Salad/Dressing Fruit/Sauce	
Bun 4 Grilled Chicken Lettuce/Tomato/Onion Potato Salad Fruit/Sauce	Bread 5 Pork Chops & Mushroom Sauce Seasoned Egg Noodles Lemon Asparagus Fruit/Sauce	6	7	Bread 8 Shepherd's Pie Mashed Potatoes Mixed Vegetables Fruit/Sauce	
Bun 11 Sloppy Joes Tater Tots Carrots Fruit/Sauce	Bread 12 Rueben Sandwiches Roasted Potatoes House Salad/Dressing Fruit/Sauce	13 <b>LS = low sodium Salad: tossed, fruit, coleslaw, potato, macaroni w/peas</b>	14	Cornbread 15 Oven Fried Chicken Garlic Mashed Potatoes Seasoned Peas Fruit/Sauce	
Dinner Roll 18 Roast Turkey Mashed Potatoes/Gravy Stuffing Corn Fruit/Sauce	Bread 19 Liver and Onions Roasted Baby Potatoes Sauteed Spinach & Garlic Fruit/Salad	20	21	Bread 22 Salisbury Steak w/Mushroom Gravy Mashed Potatoes Candied Carrots Fruit/Sauce	
Bread 25 Beef Stroganoff Mixed Vegetables Fruit/Sauce	Breadstick 26 Chicken Ceasar Salad Ceasar Dressing Fruit/Sauce	27	28	Bread 29 Italian Wedding Soup Ham & Swiss Sandwich Carrot/Celery Sticks w/Dressing Fruit/Sauce	
Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meals Program, or a semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.			<b>Age 60 and over: Suggested Contribution Congregate and Home Delivered Meals Is \$5.00. Contribute as you are able.</b> Those under 60 or who do not complete a registration form must pay \$15.07 per meal.		