

Senior Meals and Services	Noon Meal Calendar Devils Lake 662-5061 New Rockford 947-5378				Month of May 2025
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
GF Apr-5 1-Bread 28 Spaghetti Bake Wax Beans Fresh Carrots w/Ranch Apple Sauce	GF Apr 5 2-Bread 29 Salisbury Steak Mashed Potatoes/Gravy Parslied Carrots Fruit Sauce	GF Apr-5 2-Bread 30 Roast Pork / Gravy Augratin Potatoes Peas Peach Sauce	DS Apr-3 Bun 1 Hot Dog on a bun French Fries Corn Pear Sauce	GF Mch-3 1-Bread 2 Swiss Steak Mashed Potatoes/Gravy Carrots Small Orange	
GF May-1 2-Bread 5 Swedish Meatballs Mashed Potatoes/Gravy Mulicolor Carrots Fruit Cocktail.	GF May-1 2-Bread 6 Ham Scalloped Potatoes Peas Fruit Mix.	DS S/S 24 5day 1 7 Meatballs/Brown Gravy Mashed Potatoes Veggie Blend Fruit Sauce / 2 Bread	DS S/S 1 0 Bread 8 Sweet & Sour Chicken Brown Rice LS Veggie Fresh Orange.	DS S/S - 1 2-Br 9 Beef Tips in Mushroom Gravy / Onion Mashed Potatoes / LS Veggie Flavored Applesauce.	
DS S/S-1 0-Bread 12 Beef Stir Fry Brown Rice / Egg Roll Oriental Veggie Blend Fruit Sauce.	DS May-2 1-Bread 13 Baked Cod Potato Coleslaw Fruit Cup.	DS S/S 24-2 14 Chef Salad - Bowl Beef Barley Soup 6 oz Pound Cake/strawberries. Bread Stick / Cracker	DS S/S 3-7 Roll 15 Lemon Mustard Chicken Sm Baked Potato Green Beans Apple Crisp/topping.	DS S/S 1-23 2-Brd 16 Country Fried Steak Potatoes / Gravy Parslied Carrots Fresh Fruit.	
DS May-3 1- Bread 19 Chicken Tenders Macaroni & Cheese LS Veggie Fresh Fruit or Sauce.	DS May 24-3 20 Cheese & Veggie Pizza LS Veggie 1 cup Yogurt & Fruit.	GF May-2 1-Bread 21 Lasagna Green Beans House Salad / Dressing Mand Orange Sauce.	DS S/S/ 2-7 Roll 22 Parmesan Baked Cod Roasted Red Potatoes LS Veggies Fruit Sauce.	DS S/S 4 2 Brd 23 Chicken Drummies Mashed Potatoes/Gravy Sweet Potatoes Peach Crisp/Toppomg.	
NO MEAL 26 MEMORIAL DAY NO SENIOR MEAL OR DL TRANSIT	DS S/S-2 2-Bread 27 Tangy Meatloaf Mashed Potatoes/Gravy Veggie Blend Pear Sauce.	DS May-3 2-Bread 28 Porcupine Meatballs Mashed Potatoes/Gravy Veggies Medley Fruit Sauce.	DS May-4 2-Bread 29 Glazed Pork Loin Roasted Red Potatoes LS Veggie Blend Applesauce.	DS S/S-2 30 Tuna Melt / Toppings Rosemary Potatoes Cucumber Salad Peach Sauce.	
Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meal Program, or semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.		Menu subject to change upon availability Lunch served 11:45-12 Monday - Friday		AGE 60 AND OVER: SUGGESTED CONTRIBUTION FOR CONGREGATE AND HOME DELIVERED MEALS IS \$5.00, CONTRIBUTE AS YOU ARE ABLE. Those under 60 or who do not complete a registraion form must pay \$14.79. www.seniormealsandservices.com	