

| Senior Meals<br>and<br>Services   | <b>Noon Meal Calendar <i>Call the Day Before</i></b><br><b>For Maddock, Minnewaukan &amp; Leeds Dinner Served at 11:30</b><br><b>Call Maddock Memorial Home 438-2641 by 4:00PM Day Before</b> |   |  |  | <b>Month<br/>of<br/>November 2024</b> |
|---|---|---|--|--|---------------------------------------|
| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY   |                                       |
| Week 4 F/W 28<br>Baked Chicken Thigh<br>Cheese Rice Casserole<br>Veggie Blend<br>Strawberries w/cream   | 29<br>Roasted Pork<br>Mashed Potatoes/Gravy<br>Carrots<br>Peaches   | 30<br>Stuffed Cabbage Roll<br>Baked Potato<br>California Blend<br>Berries w/Cream                     | 31<br>Salisbury Steak<br>Mashed Potatoes<br>Broccoli<br>Apricots   | 1<br>Chili w/beans<br>Baked Potato<br>Rosy Applesauce<br>Sour Cream                  |                                       |
| Week 5 F/W 4<br>Spaghetti w/meat sauce<br>Salad / Dressing<br>Corn<br>Apricots  | 5<br>Pork Chop<br>Mashed Potatoes<br>Brussel Sprouts<br>Mandarin Oranges  | 6<br>Meatballs<br>Parslied Noodles<br>Carrots<br>Apple Crisp  | 7<br>Creamed Chicken<br>Mashed Potatoes<br>Green Beans<br>Jello w/fruit  | 8<br>Beef Enchiladas<br>Spanish Rice<br>Confetti Vegetable<br>Tropical Fruit Salad   |                                       |
| Week 6 F/W 11<br>Veteran's Day<br>No Senior Meal  | 12<br>Hamburger Steak<br>French Fries<br>LS Veggie<br>Pear Sauce  | 13<br>Country Fried Steak<br>Country Gravy<br>Roasted Potatoes<br>Country Blend Veggies<br>Pail Fruit | 14<br>Breadstick<br>Parmesan Chicken<br>Marinara Sauce<br>Angel Pasta<br>Italian Veggie Blend<br>Seafoam Salad   | 15<br>Denver Scramble<br>O'Brien Potatoes<br>California Veggie Blend<br>strawberries |                                       |
| Week 1 F/W 18<br>Roast Beef<br>Mashed Potatoes/Gravy<br>Corn<br>Tropical Fruit  | 19<br>Honey Mustard Chicken<br>Rice Pilaf<br>Broccoli<br>Mandarin Oranges   | 20<br>Lemon Pepper Fish<br>Cheesy Hashbrowns<br>Carrots<br>Cinnamon Applesauce                        | 21<br>LS Ham<br>Au Gratin Potatoes<br>Cauliflower<br>Jello w/fruit   | 22<br>Beef Tips & Mushrooms<br>Buttered Baby Bakers<br>Peas<br>Ginger Baked Pears    |                                       |
| Week 2 F/W 25<br>Roast Turkey<br>Mashed Potatoes/Gravy<br>Creamed Corn<br>Bake Apple  | 26<br>Pulled Pork on a bun<br>Baked Potato<br>Cauliflower<br>Tropical Fruit Salad   | 27<br>Tater Tot Casserole<br>Squash<br>Pineapple  | 28<br>Thanksgiving<br>Holiday<br>No Senior Meals   | 29<br>Thanksgiving<br>Holiday<br>No Senior Meals                                     |                                       |
| Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meals Program, or a semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update |   |   | <b>FOR AGE 60 AND OVER – SUGGESTED CONTRIBUTION FOR CONGREGATE AND HOME DELIVERED MEALS IS \$5.00, CONTRIBUTE AS YOU ARE ABLE.</b><br>Those under 60 or those who do not complete a registration form must pay the full price of \$14.79 |  |                                       |