

Senior Meals and Services	Noon Meal Calendar For Espresso Café - Cando Call 968-3809 The Day Prior for Reservation				Month of June 2026
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Hot dog Bun 1 Brats/Kraut Baked Beans Potato Salad Fruit/Sauce	Breadstick 2 Chicken Noodle Hotdish Peas/Carrots House Salad/Dressing Fruit/Sauce	3 Menus subject to change upon availability	4	5 Garlic Bread Meatloaf Baked Potato Green Beans Fruit/Sauce	
Bun 8 Fish Burger Waffle Fries Coleslaw Fruit/Sauce	Egg Roll 9 Beef Stir Fry Fried Rice Asian Vegetables Fruit/Sauce	10	11	12 Bread Pork Chops Potato Dumpling Vegetable Medley Fruit/Sauce	
Bread 15 Denver Scramble O'Brien Potatoes Mixed Sauteed Veggies Fruit/Sauce	Bread 16 Cilantro Chicken Baked Potato Seasoned Snap Peas Fruit/Sauce	17 LS = low sodium Salad: tossed, fruit, coleslaw, potato, macaroni w/peas	18	19 Bread Grilled Cheese Tomato Soup House Salad/Dressing Fruit/Sauce	
Bun 22 Pulled Pork Baked Sweet Potatoes Corn Fruit/Sauce	Naan Bread 23 Steak Cobb Salad Fruit/Salad	24	25	26 Bread Baked Lemon Tilapia Rosemary Potatoes Season Broccoli Florets Fruit/Sauce	
Bun 29 Cheeseburger Lettuce/Tomato/Onion Fries Fruit/Sauce	Flatbread 30 BBQ Chicken Pizza House Salad/Dressing Fruit/Sauce				
Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meals Program, or a semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.				Age 60 and over: Suggested Contribution Congregate and Home Delivered Meals Is \$5.00. Contribute as you are able. Those under 60 or who do not complete a registration form must pay \$15.07 per meal.	