

Senior Meals and Services	Noon Meal Calendar Devils Lake 662-5061 New Rockford/Sheyenne 947-5378				Month of July 2026
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
DSS/S23-1 29 Grilled Chicken on a bun French Fries Lettuce, tomato slice LS Veggie Fruit or Sauce	DSS/S23-1 2-Brd 30 Roast Beef Mashed Potatoes/Gravy LS Veggie Fruit or Sauce	GF June 5 Bun 1 Fish Burger on a bun Baked Beans Potato Salad Fruit Sauce	GF June-4 2 Hot Dog on a bun Baked Beans Potato Salad Fruit or Sauce	No Meal 3 Closed 4th of July Holiday	
BCSAPS/S-1 6 Beef Stir Fry Fried Rice / Egg Roll LS Veggies Fruit or Sauce	BCSAPS/S-1 2-Brd 7 LS Ham Scalloped Potatoes LS Veggie Fruit or Sauce	BCSAPS/S-2 2-Brd 8 Chicken Kiev Roasted Potato LS Veggie Fruit or Sauce	BCSAPS/S3 2-Brd 9 Hamburger Steak Garlic Mashed Potatoes LS Veggie Fruit or Sauce	BCSAPS/S-3 10 Bratwurst / Bun Baked Beans Confetti Coleslaw Fruit or Sauce	
DSJuly24/2 Bun 13 California Cheeseburger Sweet Potato Fries Salad / Dressing Fruit or Sauce	DSJuly24/2 14 Beef Taco Salad / Salsa Tortilla Chips Fruit or Sauce	DSJuly24/4Bun/Roll 15 Turkey & Dumplings LS Veggie Salad / Dressing Fruit or Sauce	DSJuly24/3 16 BLT Sandwich on Wheat Sweet Potato Fries Jello w/fruit Mayonaise Packet	DSJuly24/4Bun/Roll 17 Meatloaf Mashed Potatoes/Gravy Dilled Carrots Fruit or Sauce	
DSJuly23/1 2-Brd 20 Salisbury Steak Mashed Potatoes/Gravy LS Veggie Fruit or Sauce	DSJuly23/1 2-Brd 21 Lemon Pepper Fish Potato LS Veggie Fruit or Sauce	DSJuly 23/2 22 Turkey Wrap Tortilla Chips Carrot Raisen Salad Fruit or Sauce	DSJuly23/2 1-Brd 23 Tater Tot Casserole LS Veggie Fruit or Sauce	DSJuly/23/4 24 Chicken Salad on Wheat Salad / Dressing Fruit or Sauce	
GFJuly-2 27 BBQ Chicken on a bun Potato Salad LS Veggie Fruit or Sauce	GFJuly-1 Bun/Roll 28 Oven Baked Chicken Mashed Potatoes/Gravy Veggie Blend Fruit or Sauce	GF July-5 29 BBQ Pork on a bun Baked Beans Potato Salad Fruit or Sauce	GFJuly-3 2-Bread 30 Meatloaf Potao Salad LS Veggie Fruit or Sauce	GFJuly-3 31 BBQ Chicken Salad Fruit or Sauce Bitzy Brownie	
Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meals Program, or a semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.		Menu subject to change depending on availability		Age 60 and over: Suggested Contribution for Congregate and Home Delivered Meals is \$5.00, Contribute as you are able. Those under 60 or who do not complete an assessment must pay the full rate of \$15.07 www.seniormealsandservices.com	