

Senior Meals and Services	Noon Meal Calendar For Espresso Café - Cando Call 968-3809 The Day Prior for Reservation			Month of July 2026
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Menus subject to change upon availability	2	4 Garlic Bread Spaghetti Noodles/Meat Sauce Green Beans House Salad/Dressing Fruit/Sauce
6 Bread Porcupine Meatballs Garlic Mashed Potatoes Cheesy Broccoli Fruit/Sauce	7 Blueberry Waffles Scrambled Eggs Corned Beef Hash Fruit/Sauce	8	9	10 Tortilla Chips Beef Taco Salad Chicken Tortilla Soup Fruit/Sauce
13 Breadstick Parmesan Chicken w/ Marinara Sauce Herbed Penne Pasta Mixed Vegetables Fruit/Sauce	14 Garlic Bread Lasagna Carrots House Salad/Dressing Fruit/Sauce	15 LS = low sodium Salad: tossed, fruit, coleslaw, potato, macaroni w/peas	16	17 Bread Garlic & Sage Chicken Thighs Sour Cream & Chive Potatoes, Corn Fruit/Sauce
20 Bread Tuna Salad Sandwiches Peas and Carrots Baked Potato Chips Fruit/Sauce	21 Bread Hawaiian Chicken Wild Rice Pilaf Mashed Potatoes Fruit/Salad	22	23	24 Bread Pork Medallions Boiled Potatoes Steamed Cauliflower Fruit/Sauce
27 Bun Mushroom Swiss Burger Potato Salad Corn on the Cob Fruit/Sauce	28 Bread Chicken Noodle Hotdish Peas Baked Sweet Potatoes Fruit/Sauce	29	30	31 Hot Dog Bun Sausage Grilled Green Peppers/Onions Potato Salad Fruit/Sauce
Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meals Program, or a semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.			Age 60 and over: Suggested Contribution Congregate and Home Delivered Meals Is \$5.00. Contribute as you are able. Those under 60 or who do not complete a registration form must pay \$15.07 per meal.	