

Senior Meals and Services	Noon Meal Calendar Devils Lake 662-5061 New Rockford/Sheyenne 947-5378				Month of January 2026
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
GF Dec 5 1-Bread 29 Cheese Ravioli Mixed Veggies Fruit Sauce	DS Dec F/W 24 30 Beef Barley Soup Chicken Sandwich Fruit Sauce Crackers	GF June 5 Bun 31 Fish Burger on a bun Baked Beans Potato Salad Fruit Sauce	Closed 1 New Year's Day Senior Meals & DL Transit Closed For the Holiday	DS Dec 24 - 4 2 Sloppy Joe on a Bun Sweet Potato Fries Potato Salad Fruit Sauce	
DS Jan-2 24 5 Chicken Tortilla Soup Sm Beef Taco Salad Tortilla Chips Fruit Sauce	DS Jan-1 24 6 Seafood Pasta Primavera Peas House Salad/Dressing Applesauce / Breadstick	DS Jan-1 24 Bun 7 Hamburger on a bun Toppings Sweet Potato Fries Fruit Sauce	DS Jan 24 3 8 Tuna Noodle Casserole Cooked Carrots Apple Sauce Dinner Roll	DS Jan-2 24 2-Brd 9 BBQ Chicken Breast Harvest Hash LS Veggie Peach Sauce	
DS F/W 5/25 12 Chicken Stir Fry Brown Rice Pilaf Egg Roll Fruit Sauce	DS Jan-3 24 2-Brd 13 Porcupine Meatballs Mashed Potatoes/Gravy LS Veggie Blend Fruit sauce	GF July 2 2-Bread 14 Roast Beef Mashed Potatoes / Gravy LS Veggie - Medley Angel Food Cake w/ strawberries / topping	GF Jan 2 15 Tuna Melt Tomato Soup 3 Carrot Sticks Fruit Sauce	GF Jan 2 2-Bread 16 Chicken in Gravy Mashed Potatoes Cooked Carrots Small Orange	
DS Jan24 4 2 Brd 19 Swiss Steak Buttered Red Potatoes LS Veggie Fruit Sauce	DSJan24/4 Brdstck 20 Orange Chicken Wild Rice Blend Oriental Veggies House Salad / Dressing Angel Food Cake/Fruit	DS Jan24/5 21 Italian Beef Sandwich Paprika Potatoes Green Beans Apple Sauce	DS F/W 5/25 22 Beef-a-roni LS Veggie House Salad / Dressing Fruit Sauce / Breadstick	DS Jan 24 4 23 Fish Tacos / Garnish Spanish Rice Corn Cobbette Fruit Sauce	
DS F/W 5/25 2-Brd 26 Lemon Baked Fish Paprika Potatoes LS Veggie Fruit sauce	DS Jan 24/5 Roll 27 French Chicken Macaroni & Cheese Mixed Veggie Fruit Sauce	GF Jan-5 2-Bread 28 Ham Baked Potato LS Veggie Tropical Fruit Sauce	DSF/W 2/25 1-Bread 29 Meatloaf French Fries LS Veggie Peach Sauce	DS F/W 3/25 30 French Dipp Sandwich O'Brien Potatoes Ranchero Beans Fruit Sauce	
Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meals Program, or a semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.		Food requiring refrigeration is not allowed to leave the meal site. Menu subject to change depending on availability		Age 60 and over: Suggested Contribution for Congregate and Home Delivered Meals is \$5.00, Contribute as you are able. Those under 60 or who do not complete an assessment must pay the full rate of \$15.07 www.seniormealsandservices.com	