

Senior Meals and Services	Noon Meal Calendar For Espresso Café - Cando Call 968-3809 The Day Prior for Reservation				Month of January 2026
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		Menus subject to change upon availability	1	2 Breadstick Italian Meatballs Herbed Penne Pasta/Tomato Sauce Green Beans Fruit/Sauce	
Garlic Toast 5 Chicken Alfredo Steamed Broccoli Fruit/Sauce	Bread 6 Kielbasa/Kraut Perogies Carrots Fruit/Sauce	7 LS = low sodium Salad: tossed, fruit, coleslaw, potato, macaroni w/peas	8	9 Dinner Roll Shepherd's Pie Soup Salad/Dressing Fruit/Sauce	
Dinner Roll 12 Ham Scalloped Potatoes Peas/Carrots Fruit/Sauce	13 English Muffin Veggie/Cheese Omelet Turkey Sausage Patty Hash brown Patty Orange Juice	14	15	16 Bun Grilled Chicken Burger Lettuce/Tomato/Onion Macaroni Salad Fruit/Sauce	
Bread 19 Cabbage Rolls Garlic Mashed Potatoes Corn Fruit/Sauce	20 Bread Herbed Fish Baked Potato Candied Carrots Fruit/Salad	21	22	23 Dinner Roll Pork Medallions Mashed Potatoes Roasted Asparagus Fruit/Sauce	
Bread 26 Chicken Kiev O'Brien Potatoes Mixed Veggies Fruit/Sauce	27 Garlic Toast Beef Stroganoff Italian Green Beans Fruit/Sauce	28	29	30 Bread Tuna Noodle Hotdish Peas Fruit/Sauce	
Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meals Program, or a semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.				Age 60 and over: Suggested Contribution Congregate and Home Delivered Meals Is \$5.00. Contribute as you are able. Those under 60 or who do not complete a registration form must pay \$15.07 per meal.	