

Senior Meals and Services	Noon Meal Calendar For Espresso Café - Cando Call 968-3809 The Day Prior for Reservation				Month of February 2025
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Bun 2 Roast Beef/Swiss Sandwich Broccoli & Cheese Soup Fruit/Sauce	Bread 3 Breaded Baked Chicken Thigh Cheesy Rice Casserole Parslied Carrots Fruit/Sauce	4 Menus subject to change upon availability	5	Bun 6 Fish/Cheese Burger Carrot Raisin Salad Peas Fruit/Sauce	
Bread 9 Porcupine Meatballs Cauliflower & Cheese Sauce Garlic Mashed Potatoes Fruit/Sauce	Garlic Bread 10 Seafood Fettuccine Alfredo Corn House Salad/Dressing Fruit/Sauce	11 LS = low sodium Salad: tossed, fruit, coleslaw, potato, macaroni w/peas	12	Croissant 13 Egg Salad Sandwich w/Lettuce Tater Tots Coleslaw Fruit/Salad	
Breadstick 16 Chicken Cacciatore Angel Hair Pasta/Marinara Italian Vegetable Blend Fruit/Sauce	Veg. Egg Roll 17 Asian Pepper SteaFried Rice Asian Vegetable Mix Fruit/Sauce	18	19	Bread 20 Lemon Pepper Fish Au Gratin Potatoes Steamed Spinach Fruit/Sauce	
Tortillas 23 Chicken Fajitas Cilantro Rice Pico De Gallo Guacamole Salad Fruit/Sauce	Bun 24 Pulled BBQ Pork Ranch Beans Mixed Vegetables Fruit/Salad	25	26	Dinner Roll 27 Hamburger Potato Hotdish House Salad/Dressing Fruit/Sauce	
Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meals Program, or a semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.			Age 60 and over: Suggested Contribution Congregate and Home Delivered Meals Is \$5.00. Contribute as you are able. Those under 60 or who do not complete a registration form must pay \$15.07 per meal.		