

Senior Meals and Services		Noon Meal Calendar For Espresso Café - Cando Call 968-3809 The Day Prior for Reservation				Month of February 2025	
MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Bun Roast Beef/Swiss Sandwich Broccoli & Cheese Soup Fruit/Sauce	2	Bread Breaded Baked Chicken Thigh Cheesy Rice Casserole Parslied Carrots Fruit/Sauce	3	4 Menus subject to change upon availability	5	Bun Fish/Cheese Burger Carrot Raisin Salad Peas Fruit/Sauce	6
Bread Porcupine Meatballs Cauliflower & Cheese Sauce Garlic Mashed Potatoes Fruit/Sauce	9	Garlic Bread Seafood Fettuccine Alfredo Corn House Salad/Dressing Fruit/Sauce	10	11 LS = low sodium Salad: tossed, fruit, coleslaw, potato, macaroni w/peas	12	Croissant Egg Salad Sandwich w/Lettuce Tater Tots Coleslaw Fruit/Salad	13
Breadstick Chicken Cacciatore Angel Hair Pasta/Marinara Italian Vegetable Blend Fruit/Sauce	16	Veg. Egg Roll Asian Pepper SteaFried Rice Asian Vegetable Mix Fruit/Sauce	17	18	19	Bread Lemon Pepper Fish Au Gratin Potatoes Steamed Spinach Fruit/Sauce	20
Tortillas Chicken Fajitas Cilantro Rice Pico De Gallo Guacamole Salad Fruit/Sauce	23	Bun Pulled BBQ Pork Ranch Beans Mixed Vegetables Fruit/Salad	24	25	26	Dinner Roll Hamburger Potato Hotdish House Salad/Dressing Fruit/Sauce	27
Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meals Program, or a semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.				Age 60 and over: Suggested Contribution Congregate and Home Delivered Meals Is \$5.00. Contribute as you are able. Those under 60 or who do not complete a registration form must pay \$15.07 per meal.			