

Senior Meals and Services	Noon Meal Calendar				Month of February 2025
	Devils Lake 662-5061 New Rockford/Sheyenne 947-5378				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
GF Jan-3 0 Bread 27 8 oz Tomato Soup Tuna Melt 3 Carrots Sticks Fruit Sauce	GF Jan-5 1-Bread 28 Chicken Kiev over Rice Boiled Potatoes Peas Mandarin Orange Sauce	GF Jan-5 2-Bread 29 Ham Baked Potato LS Veggie Tropical Fruit Punch	Scotcharoo 2x2 30 French Onion Chicken Baked Potato Vegetable Blend Fruit or Sauce	GF Jan-5 1-Bread 31 Roast Turkey Mashed Potatoes/Gravy Stuffing / Yams Pear Sauce	
GF Feb-1 1-Bread 3 Beef Stronganoff over Noodles Buttered Beets / Broccoli Peach Sauce	GF Feb-1 1-Bread 4 Chicken Wild Rice Casserole / Green Beans Tossed Salad / Dressing Fruit Sauce	GF Feb 1 2-Bread 5 Roast Beef Mashed Potatoes/Gravy Carrots Fruit Sauce	GF Feb-1 1-Bread 6 Cabbage Roll Mashed Potatoes / Gravy Green Beans Pumpkin Pie / topping	GF Feb-1 1-Bread 7 Meatloaf Mashed Potatoes/Gravy Mixed Vegetables Mandarin Orange Sauce	
GF Feb-2 0-Bread 10 Chicken Enchildada Ls Veggie Pear Sauce	GF Feb-2 2-Bread 11 Salisbury Steak Mashed Potatoes/Gravy Parslied Carrots Fruit Cocktail	GF Feb-2 1-Bread 12 Tater Tot Casserole Mixed Vegetable Fruit Sauce	GF Feb-2 2-Bread 13 Swiss Steak Mashed Potatoes/Gravy LS Veggie Peach Sauce	GF Feb-2 2-Bread 14 Roast Pork Au Gratin Potatoes LS Veggie Peach Crisp / topping	
Closed 17 Senior Meals & DL Transit Closed for President's Day	GF Feb-3 1-Bread 18 Cranberry Chicken Mashed Potatoes/Gravy Steamed Broccoli Tropical Fruit	GF Feb-3 Bun 19 Sloppy Joes / Bun Veggie Soup 8oz Fruit Crisp / Topping	DS Feb-4 0=Bread 20 Homemade Tomato Soup Turkey & Swiss Sandwich Broccoli Salad Pear Sauce	GF Feb-3 2-Bread 21 Cracker Crumb Fish Sweet Potatoes LS Veggie Peach Sauce	
GF Feb-3 1-Bread 24 Spaghetti & Meat Sauce Peas Wax Beans Applesauce	GF Feb 5 1-Bread 25 Diced Turkey in gravy Over Rice LS Veggie Fruit Sauce	DS Feb-1 2-Bread 26 Ranchers Chicken Whipped Sweet Potatoes LS Veggie Fruit Salad	DS Feb-4 Bun 27 Shredded BBQ Pork / Bun Sweet Potato Waffle Fries LS Veggie Fruit Dessert	GF Feb-4 2-Bread 28 Porcupine Meatballs Mashed Potatoes/Gravy Glazed Baby Carrots Fruit Cocktail	
Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meal Program, or semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.		Menus subject to change upon availability	AGE 60 AND OVER - SUGGESTED CONTRIBUTION FOR CONGREGATE AND HOME DELIVERED MEALS IS \$5.00, CONTRIBUTE AS YOU ARE ABLE. Those under 60 must pay \$14.79. www.seniormealsandservices.com for menu or info		