

Senior Meals and Services	Noon Meal Calendar				Month of
	Devils Lake 662-5061 New Rockford 947-5378				November 2024
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
GF Sept 5 2-Bread 28 Chicken Fried Steak Mashed Potatoes/Gravy LS Veggie Small Orange	GF Sept 5 2-Bread 29 Sweet & Sour Meatballs Mashed Potatoes LS Veggie Fruit Sauce	GF Sept 5 2-Bread 30 Liver & Onions Potato Mixed Vegetables Applesauce	GF Sept 5 1-Bread 31 Honeyed Chicken Boiled Potatoes Creamed Corn Blueberry Crisp/topping	GF Nov 1 2-Bread 1 Swedish Meatballs Mashed Potatoes/Gravy Mulicolor Carrots Pear Sauce	
GF Nov-2 2-Bread 4 Swiss Steak Mashed Potatoes/Gravy Carrots Fruit Sauce	GF Nov-2 Bun 5 Sloppy Joe on a bun Tomato Soup Broccoli Cherry Dessert	GF Nov-2 2-Bread 6 Roast Beef Mashed Potatoes/Gravy Sweet Potatoes Peach Crisp/Toppomg	GF N2 Cornbread 7 Cracker Crumb Fish Sm Baked Potato Mixed Veggies Pear Sauce	GF Nov 2 8 Chopped Turkey in Gravy Squash Mixed Vegetables AppleSauce	
Veteran's Day Holiday No Senior Meals 11	GF Nov 3 1-Bread 12 Cheese Ravioli w/Sauce Peas Salad / Dressing Tropical Fruit	DS N-1 Dinner Roll 13 Turkey Almondine Mashed Potatoes Herbed Green Beans Pear Sauce	GF Nov 3 2-Bread 14 BBQ Chicken Sm Baked Potato Green Beans Apple Crisp/topping	DS N 4 1 Bread 15 Manhattan Meatballs Rice Pilaf / LS Veggie House Salad / Dressing Fruit Sauce	
DS N 4 18 Cheesy Soup / Crackers Loaded Turkey Hogie House Salad / Dressing Fruit Sauce	DS N 2 Breadstick 19 Chicken Fettuccine Alfredo Veggie Blend House Salad/Dressing Cranberry Fruit Salad Geletin (2x3) Square	GF Nov 4 1-Bread 20 Lasagna Green Beans House Salad / Dressing Peach Sauce	GF Nov 4 2-Bread 21 Ham Sm Baked Potato LS Veggie Pineapple Sauce	DS N 3 Texas Toast 22 Turkey Noodle Soup Cranberry Chicken Pecan Salad / 1 slice Texas Toast / Peach Cobbler Crackers	
GF Nov 5 2-Bread 25 Crispy Chicken Sweet Potato LS Veggie Peach Sauce	GF Nov 5 2-Bread 26 Meatloaf Mashed Potatoes/Gravy Coleslaw Fruit Cocktail	GF Nov 5 2-Bread 27 Porcupine Meatballs Mashed Potatoes/Gravy Green Beans Fruit Crisp / topping	28 Thanksgiving No Senior Meal	29 Thanksgiving No Senior Meal	
Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meal Program, or semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.				AGE 60 AND OVER: SUGGESTED CONTRIBUTION FOR CONGREGATE AND HOME DELIVERED MEALS IS \$5.00, CONTRIBUTE AS YOU ARE ABLE. Those under 60 or who do not complete a registraion form must pay \$14.79.	