


Senior Meals and Services	Noon Meal Calendar For Espresso Café - Cando Call 968-3809 The Day Prior for Reservation				Month of December 2024
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Hot dog Bun 2 Hot dog Potato Salad Baked Beans Peaches	Garlic Toast 3 Supreme Pizza Hotdish Veggie Blend Apple & Cream Parfait	4 LS = low sodium Salad: tossed, fruit, coleslaw, potato, macaroni w/peas	5	Bread 6 Cabbage Rolls Mashed Potatoes Corn Mandarin Oranges	
Bread 9 Chicken Scallopini Brown Rice Riviera Blend Veggies Pineapple	Bun 10 Mushroom/Swiss Burger Salad/Dressing Tater Tots Cherry Crisp	11 Menus subject to change upon availability	12	Dinner Roll 13 Scalloped Potatoes & Ham Peas & Carrots Cranberries	
Bread 16 Herbed Fish Baked Potato Candied Carrots Apple Cobbler	Bread 17 Meatloaf Potatoes Green Beans Fruit Cocktail	18	19	Breadstick 20 Knoephla Soup Chicken Ceaser Salad Pears w/ Vanilla Sauce	
Toast 23 Veggie/Cheese Omelet Hashbrown Patty Orange Juice	Breadstick 24 Baked Spaghetti House Salad/Dressing Mixed Veggies Apple Sauce	25 	26	Bun 27 Chicken Burger Lettuce/Tomato & Onion French Fries Pear Sauce	
Bread 30 Corn Flake Chicken Au Gratin Potatoes Italian Green Beans Strawberries	Bread 31 Honey Apple Pork Loin Seasoned Zucchini Sweet Potatoes Fresh Berries w/Whipped Topping	1	2	3	
<p>Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meals Program, or a semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.</p>		<p>Those under 60 or who do not complete a registration form must pay \$14.79.</p>			