

Senior Meals and Services	Noon Meal Calendar For Espresso Café - Cando Call 968-3809 The Day Prior for Reservation				Month of August 2026
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Egg Roll 3 Sweet/Sour Chicken Rice Broccoli Florets Fruit/Sauce	Bun 4 Sloppy Joes Baked Beans Potato Salad Fruit/Sauce	5 Menus subject to change upon availability	6	7 Bread Baked Lemon Tilapia Rosemary Potatoes Corn Fruit/Sauce	
Bread 10 Hot Roast Beef Sandwich Mashed Potatoes Green Beans Fruit/Sauce	11 Bun Meatloaf Chive Mashed Potatoes Squash Medley Fruit/Sauce	12	13	14 Tortilla Chicken Fajitas Fried Green Pepper & Onion Spanish Rice Fruit/Sauce	
Bread 17 Salisbury Steak Garlic Mashed Potatoes Beets Fruit/Sauce	18 Bun Fish Burger Coleslaw French fries Fruit/Sauce	19 LS = low sodium Salad: tossed, fruit, coleslaw, potato, macaroni w/peas	20	21 Bun Breaded Chicken Burger Roasted Potatoes Corn Fruit/Sauce	
Bread 24 Pork Chops Sweet Potatoes Vegetable Medley Fruit/Sauce	25 Dinner Roll Beef Stroganoff Egg Noodles Green Beans Fruit/Salad	26	27	28 English Muffin Spanish Eggs Potatoes O'Brien Carrot Raisin Salad Fruit/Sauce	
Hotdog Bun 31 Grilled Bratwurst/Kraut 3 Bean Salad Grilled Potatoes Fruit/Sauce					
Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meals Program, or a semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.			Age 60 and over: Suggested Contribution Congregate and Home Delivered Meals Is \$5.00. Contribute as you are able. Those under 60 or who do not complete a registration form must pay \$15.63 per meal.		