

Senior Meals and Services	Noon Meal Calendar For Espresso Café - Cando Call 968-3809 The Day Prior for Reservation			Month of August 2025
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Bread 1 Herbed Fish Au Gratin Potatoes Green Beans Fruit/Sauce
Garlic Toast 4 Beef Stroganoff Seasoned Broccoli Fruit/Sauce	Dinner Roll 5 Lemon Mustard Chicken Chive Mashed Potatoes Seasoned Spinach Fruit/Sauce	6 LS = low sodium Salad: tossed, fruit, coleslaw, potato, macaroni w/peas	7	8 Bread Seasoned Pork Roast Roasted Red Potatoes Roasted Brussel Sprouts Fruit/Sauce
Biscuit 11 Turkey a la King Rice Corn Fruit/Sauce	Bun 12 Pulled Pork Mashed Sweet Potatoes Hawaiian Cole Slaw Fruit/Sauce	13 Menus subject to change upon availability	14	15 Bread Oven Fried Chicken Mashed Potatoes & Gravy Glazed Baby Carrots Fruit/Sauce
Bread 18 Salisbury Steak w/Mushroom Gavy Mashed Potatoes Peas & Carrots Fruit/Sauce	Bread 19 Tuna Melt Mixed Veggies House Salad/Dressing Fruit/Salad	20	21	22 Bread Meatloaf Boiled Red Potatoes Zucchini & Onions Fruit/Sauce
Bun 25 Fish Fillet Sandwich Potato Salad Peas Fruit/Sauce	Bun 26 Sloppy Joes Tater Tots California Blend Veggies Fruit/Sauce	27	28	29 Crackers Knoephla Soup Sausage & Cabbage Parslied Carrots Fruit/Sauce
Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meals Program, or a semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.			Age 60 and over: Suggested Contribution Congregate and Home Delivered Meals Is \$5.00. Contribute as you are able. Those under 60 or who do not complete a registration form must pay \$14.79 per meal.	