

Senior Meals and Services	Noon Meal Calendar For Espresso Café - Cando Call 968-3809 The Day Prior for Reservation				Month of April 2026
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		1 Menus subject to change upon availability	2	3 Tortilla Beef Enchiladas Southwest Corn Spanish Rice Fruit/Sauce	
Dinner Roll 6 Seasoned Pork Roast Mashed Potatoes Roasted Brussel Sprouts Fruit/Sauce	Bread 7 Italian Pasta Bake Seasoned Zucchini House Salad/Dressing Fruit/Sauce	8 LS = low sodium Salad: tossed, fruit, coleslaw, potato, macaroni w/peas	9	10 Bread Hawaiian Chicken Oriental Salad Pacific Blend Salad Fruit/Sauce	
Bread 13 Potato/bacon Soup Grilled Cheese Fruit/Sauce	Bread 14 Meatloaf Mashed Potatoes/Gravy Corn Fruit/Sauce	15	16	17 Bread Baked Chicken Thighs Twice Baked Potatoes Beets Fruit/Sauce	
20 Blueberry Pancake Sausage Hashbrowns Fruit/Sauce	Garlic Bread 21 Spaghetti w/Meat Sauce House Salad/Dressing Green Beans Fruit/Salad	22	23	24 Bread Turkey/Cheese Sandwich Pea Salad Potato Chips Fruit/Sauce	
Bread 27 Tuna Noodle Hotdish Peas/Carrots Sweet Potatoes Fruit/Sauce	Breadstick 28 Knoephla Soup Asian Shrimp Salad Fruit/Sauce	29	30		
Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meals Program, or a semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.			Age 60 and over: Suggested Contribution Congregate and Home Delivered Meals Is \$5.00. Contribute as you are able. Those under 60 or who do not complete a registration form must pay \$15.07 per meal.		