

Senior Meals and Services	Noon Meal Calendar Devils Lake 662-5061 New Rockford 947-5378				Month of June 2022
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
30 Memorial Day Senior Meals & DL Transit Closed For the Holiday	31 Mini Hot Dog on a bun Hash Browns Baked Beans Peach Sauce	1 Chicken Parmesan Scalloped Potatoes Corn O'Brien Tropical Fruit Sauce	2 Spaghetti & Meat Sauce Tossed Salad / Dressing Peas / Garlic Toast Fresh Fruit or Sauce	3 Pizza Burger / Bun Corn Macaroni Salad Apple Sauce	
6 Baked Fish Company Potatoes Green Beans Mandarin Orange Sauce	7 ChickenBerry Salad Chicken Breast, mixed greens, strawberries, blueberries, almonds, feta cheese, Rasp Vinagrette	8 Roast Pork Yams Peas Angel Food Cake / berries	9 Cranberry Glazed Chicken Rice Beets Fruit Crisp w/top	10 BBQ on a Bun Tater Tots LS Veggie Fruit Sauce	
13 Fruit Sauce Salisbury Steak w//mushroom gravy Baby Potatos Jullienne Green Beans	14 California Burger/toppings Potato Salad Fresh Fruit or Sauce	15 Roast Beef Mashed Potatoes/Gravy Green Beans Cranberry Sauce (2T)	16 Baked Chicken Mashed Potatoes/Gravy LS Veggie Apple Slices	17 Turkey Melon Salad Turkey, mixed greens, cantaloupe, blueberries, feta cheese, dressing	
20 Boneless BBQ Ribs Small Baked Potato LS Veggie Fruit Sauce	21 Chicken Quesadilla LS Veggie Juice Fruit Sauce	22 Taco Bake Hotdish LS Veggie Peach Sauce	23 Gr Chicken Salad Grilled Chicken,mixed greens,grapes,carrots, walnuts, feta cheese, dressing	24 LS Baked Ham Sweet Potatoes Lima Beans Fruit Sauce	
27 Tater Tot Hotdish LS Veggie Fruit Fruit or Sauce	28 Lemon Pepper Fish Sweet Potatoes Lima Beans Apple Sauce	29 Meatballs Mashed Potatoes/Gravy Peas Fruit Sauce	30 Homemade Tomato Soup Grilled Cheese Sandwich Fruit or Sauce Sauce	Hamburger on a bun French Fries Carrots Fruit or Sauce	
Older Ameicans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meals Program, or a semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.		Food requiring refrigeration is not allowed to leave the meal site.	AGE 60 AND OVER: SUGGESTED CONTRIBUTION FOR CONGREGATE AND HOME DELIVERED MEALS IS \$4.00, CONTRIBUTE AS YOU ARE ABLE. Those under 60 or who do not complete a registration form must pay \$12.40.		