

Senior Meals and Services	Noon Meal Calendar Devils Lake 662-5061 New Rockford 947-5378				Month of May 2018
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
30 Chicken Fried Steak Mashed Potatoes/Gravy Peas Apricot Sauce	1 Peach Sauce Beef Tips & Gravy Mashed Potatoes Broccoli / Lettuce Leaf w/ 4 Tomato Slices	2 Hot Pork Sauce Mashed Potatoes / Gravy LS Veggie Cranberry Crunch Salad	3 Citrus Chicken Diced Herbed Potatoes Green Beans Perfection Salad	4 Cathy - gone Baked Fish Perogies Parsley Carrots Fresh Fruit	
7 Cathy - Gone 1/2 Cup Rotini with Italian Chicken Breast Zucchini or Squash Mandarin Orange Sauce	8 Cathy - gone Baked Steak/Mushrooms Mashed Potatoes & Gravy Glazed Carrots Jello w/fruit	9 Oven Omelot Diced Browned Potatoes Wax Beans Fresh Fruit	10 Daniel - Gone Chef Salad/2 cups greens Meat/Cheese/Egg Dressing / Bread Stick Peach Sauce / No Bread	11 Daniel - Gone Meatloaf / Baked Potato Peas Coleslaw Fresh Fruit	
14 Daniel - Gone Polish Sausage Boiled Potatoes Sauerkraut Peach Sauce	15 Daniel - Gone BBQ on a bun Tater Tots Corn Prune Sauce	16 Scalloped Potato & Ham Casserole Broccoli Pineapple Tidbits	17 Peach Sauce Honey Mustard Chicken Veggie Rice Country Trio Tossed Salad / Dressing	18 Pat - gone Hot Beef Sandwich Mashed Potatoes/Gravy Mixed Veggies Fresh Fruit	
21 Swiss Steak Mashed Potatoes/Gravy Green Beans Fruit Cocktail	22 Muffin Baked Fish Sweet Potatoes Tropical Fruit Sauce Fruit Crisp w/topping	23 Apple Sauce Saucy Meatballs Veggie Rice / Cooked Carrots Dinner Salad	24 Fruit Cocktail California Burger / Bun lettuce/tomato/onion French Fries Parsley Carrots	25 Chicken Salad Wrap Dinner Salad w/veggies Salad Dressing Orange	
28 Senior Meals & DL Transit Closed For Memorial Day	29 Fresh Fruit Taco Salad / Salsa Meat/Cheese/Pepper/ Tomato/Onion/Olives Tortilla Chips	30 Hungarian Goulash (1&1/2 cup) LS Vegetable Fruit or Sauce	31 Hamburger on a bun Baked Beans Mac & Pea Salad Fruit or Sauce	LS Baked Ham Sweet Potatoes Lima Beans Fruit Salad	
Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meal Program, or semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.		Food requiring refrigeration is not allowed to leave the meal site.	AGE 60 AND OVER: SUGGESTED CONTRIBUTION FOR CONGREGATE AND HOME DELIVERED MEALS IS \$4.00, CONTRIBUTE AS YOU ARE ABLE. Those under 60 or who do not complete a registraion form must pay \$8.30.		