

Senior Meals and Services	Noon Meal Calendar Devils Lake 662-5061 New Rockford 947-5378				Month of June 2018
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
28 Senior Meals & DL Transit Closed For Memorial Day	29 Fresh Fruit Taco Salad / Salsa Meat/Cheese/Pepper/ Tomato/Onion/Olives Tortilla Chips	30 Hungarian Goulash (1&1/2 cup) Green Beans Fruit or Sauce	31 Hamburger on a bun Baked Beans Mac & Pea Salad Fruit or Sauce	1 Cathy - gone LS Baked Ham Sweet Potatoes Lima Beans Fruit Salad	
4 Salisbury Steak w//mushrooms Baked Potato Jullienne Green Beans Fruit or Sauce	5 Peach Sauce Beef Tips & Gravy Mashed Potatoes Broccoli / Lettuce Leaf w/ 4 Tomato Slices	6 Cathy - gone Hot Pork Sandwich Mashed Potatoes/Gravy Mixed Vegetables Crunchy Cranberry	7 Patty Melt French Fries Parsley Carrots Pear Sauce	8 Cathy - gone Boneless BBQ Ribs Potato Wedges 7 Layer Salad Fruit or Sauce	
11 Club Sandwuch Dinner Salad/Dressing Potato Salad Fruit or Sauce	12 Meatloaf (2oz) Sm Baked Potato Wax Beans Jello w/fruit & tpg (3/4cup)	13 Daniel - gone Polish Sausage Boiled Potatoes Sauerkraut Peach Sauce	14 Daniel - gone Chicken Salad Wrap Dinner Salad/Veggies Salad Dressing Orange	15 Daniel - gone Baked Fish Small Baked Potato Green Beans Mandarin Orange Sauce	
18 Lasagna / Garlic Toast Peas Tossed Salad/Dressing Fruit or Sauce	19 Meatballs Mashed Potatoes/Gravy Peas Fruit Crisp	20 Chef Salad/2 cups greens Meat/Cheese/Egg Dressing/Garlic Toast Peach Sauce	21 Chicken Fried Steak Mashed Potatoes/Gravy Green Beans Fruit or Sauce	22 Cathy - gone BBQ on a bun Tater Tots Cooked Carrots Fruit or Sauce	
25 Cathy - gone Pork Loin Mashed Potatoes/Gravy Lima Beans Fruit or Sauce	26 Hamburger on a bun Baked Beans Mac& Pea Salad Fruit or Sauce	27 Breaded Chicken Boiled potatoes / Stuffing Counrty Trio Cheesecake w/fruit tpg	28 Spaghetti & meat sauce (1&1/2 cup) Broccoli Fruit Sauce	29 Cathy -gone Grilled Chicken on a bun Lettuce/Tomato/Onion French Fries/Pear Sauce Parsley Carrots	
Older Ameicans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meals Program, or a semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.		Food requiring refrigeration is not allowed to leave the meal site.	AGE 60 AND OVER: SUGGESTED CONTRIBUTION FOR CONGREGATE AND HOME DELIVERED MEALS IS \$4.00, CONTRIBUTE AS YOU ARE ABLE. Those under 60 or who do not complete a registration form must pay \$8.30 .		