

Senior Meals and Services	Noon Meal Calendar Devils Lake 662-5061 New Rockford Sheyenne 947-5378				Month of April 2018
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2 Spaghetti w/meat sauce Peas (1cup) Peach Sauce Butterscotch Pudding	3 Baked Chicken Hash Brown Potato Parsley Carrots Fruit or Sauce	4 French Dip Sandwich Potato Salad Juice Fruit or Sauce	5 Baked Ham Sweet Potatoes Lima Beans Fruit Salad	6 Meatloaf Oven Brownd Potatoes Glazed Carrots Jello w/Fruit	
9 Steak w/mushroom gravy Mashed Potatoes Peas & Corn Fruit Cocktail	10 Hot Pork & Cheese Sauce Sandwich / Potato Rounds LS Vegetable Fruit or Sauce	11 Shredded BBQ Beef Baked Potato/Lt Sr Crm Broccoli Pear Sauce	12 Crispy Chicken Mashed Potatoes/Gravy LS Vegetable Crunchy Cranberry Salad	13 Liver & Onions Baby Baker Potatoes LS Veggie Fruit or Sauce	
16 Hamburger on a bun Hash Browns Baked Beans Pear Sauce	17 Chicken Salad Wrap Vegetable Soup Mandarin Orange Sauce	18 NO BREAD Baked Fish Yams LS Veggie Fruit or Sauce / Muffin	19 Meatballs & Gravy Mashed Potatoes LS Veggie Fruit Sauce	20 Patty Melt French Fries Parslied Carrots Fruit Cocktail	
23 Ham & Scalloped Potato LS Veggie Fruit or Sauce	24 Chef Salad / Dressing Crackers NO BREAD Fresh Fruit or Sauce Muffin	25 Cheeseburger Pie Sweet Potatoes Green Beans Fruit or Sauce	26 Hungarian Goulash Parslied Carrots Noncreamy Coleslaw Mandarin Oranges	27 SD Chicken & Dressing Mashed Potatoes/Gravy Carrots Mandarin Oranges	
30 Chicken Fried Steak Mashed Potatoes/Gravy Peas Apricot Sauce	Peach Sauce Beef Tips & Gravy Mashed Potatoes Broccoli / Lettuce Leaf w/ 4 Tomato Slices	Hot Pork Sandwich Mashed Potatoes/Gravy LS Veggie Cranberry Crunch Salad	Citrus Chicken Herbed Potatoes Dices Green Beans Perfection Salad	Baked Fish Perogies Parsley Carrots Fruit or Sauce / Muffin	
Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meal Program, or semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.		Food requiring refrigeration is not allowed to leave the meal site. Lunch Served 11:45 - 12 Monday - Friday	AGE 60 AND OVER: SUGGESTED CONTRIBUTION FOR CONGREGATE AND HOME DELIVERED MEALS IS \$4.00, CONTRIBUTE AS YOU ARE ABLE. Those 60 or under or who do not fill out a registration form must pay \$8.30.		